

SPOKANE AREA MEETINGS

Sunday

10:00am H K Clean Club– Spofford & Post (Fellowship Hall)
12 noon Doing the Deal– 1102 W. 2nd
3:00pm GL H K Unified Diversity– 1102 W. 2nd
5:30pm B H K Life Savers– 1102 W. 2nd
7:00pm D H K SS Wrap up– 1222 W. 2nd
10:00pm A Its Never Too Late to Mend- 2016 E Sprague

Monday

12 noon B SS Doing the Deal – 1102 W. 2nd
5:30pm D H K SS Life Savers– 1102 W. 2nd
8:00pm H K SS B Addicts in Action– 315 S. Spruce (church)

Tuesday

12 noon SS Doing the Deal – 1102 W. 2nd
5:30pm B SS Life Savers– 1102 W. 2nd
7:00 pm C H SS D Lost and Found- 706 W Nora
 (No kids under 10)
 (Birthday meeting)- Last Tues. of the Month
7:00pm D H Northside NA- 2121 E Wabash (starts Apr13th)
 children ok

Wednesday

12 noon D SS Doing the Deal – 1102 W. 2nd
5:30pm B H K SP Life Savers– 1102 W. 2nd
6:30pm A CL Recovery by Candlelight– 827 W Cleveland
 H K A (Corbin Activity Center; Back door, upstairs,
 Upper South Room)
7:00 pm H Give up the fight–1700 W 7th Alano Club

Thursday

12 noon SS Doing the Deal – 1102 W. 2nd
5:30pm B H K Life Savers– 1102 W. 2nd
7:00pm H SS Women’s Recovery Hour–315 S Spruce (Church)
7:00pm D H K Thursday Night Moved Again 1222 W. 2nd Ave
7:30pm D SS Thursday Night Basic Text Study 1832 W. Dean
 (Corner of Dean and Elm) in church school Park in
 Lot.

Friday

12 noon D SS Doing the Deal – 1102 W. 2nd
5:30pm B Life Savers– 1102 W. 2nd
7:00pm D H C Friday Night Men’s Meeting Show Me How To
 Live 1700 W. 7th (Alano Club)
7:00pm H Not Fade Away– 605 S Richard Allen Ct.
 (Bethel AME Church-Temp until?)

Saturday

10:00am K D H Clean & Serene-214 N. Cedar
 Peaceful Valley Community Center
 (kids must be supervised by parent)
12 noon D K Doing the Deal – 1102 W. 2nd
5:30pm B H K Life Savers– 1102 W. 2nd
7:00pm H K SS It Works How and Why-28th & S. Ray
 (Lutheran Church Basement) (Book Study)
8:15pm A CL K HG The Back Door Recovery Group 1700 W. 7th
 (Alano Club Blue Rm.)
8:30pm HD K Stay for the Miracle- 2016 E Sprague

MEETINGS OUTSIDE SPOKANE

SUN H K CL Chewelah – 8:00pm- E 10 Webster

United Church of Christ

MON

Colville- Dopeless Hope Fiends- 7:00pm- 1169 E.

Columbia , Mt. Carmel Hosp. Health Ed. Ctr

Cheney N/A-7:30 7th and C st Cheney Wa

TUES

Colville- Motley Crew- noon-E 930 S Elm, 1 block

south of Hawthorne St- community church (United

methodist church)

H K

Chewelah-7:00pm E. 10 Webster

Colville-Dopeless Hope Fiends-7:00pm-E 930 S Elm

1 block south of Hawthorne st- community church

(fUnited Methodist church)

FRI

K

Wellpinit- Firestarters- 5:00pm-

catholic church red building

SAT

Cheney N/A-7:30 7th and C st Cheney, Wa

Lewiston, ID/Clarkston, WA

Sunday

6:00pm Willing Addicts- 2534 Appleside Blvd (in blue house)
 Clarkston

Tuesday

7:30pm Willing Addicts- “Stepping Stones” 2534 Appleside Blvd
 (in blue house) - Clarkston

Friday

8:00pm Willing Addicts- St. Joseph Hospital, conference room #1
 2nd floor (next to cafeteria) - Lewiston

Pullman, WA

Tuesday, Thursday, and Saturday

7:00pm H Recovery Quest NE 1125 Stadium Way
 (Church Basement Door) (Sat is CL and K)

Legend

“C” _____ (closed) Meeting is for addicts only

“CL” _____ Candle Light

“H” _____ Handicap Accessible Meeting

“SP” _____ Speaker Meeting

“SS” _____ Step/Tradition/Literature Study Meeting

“K” _____ Key Tag Meeting

“A” _____ 1 Hour Meeting

“B” _____ 1 1/4 Hour Meeting

“D” _____ 1 1/2 Hour Meeting

“GL” _____ Gay and Lesbian Meeting

Upcoming NA Activities

BBQ and Potluck–Sun, Aug 15th at noon–Mission Park
 North gazebo, 1208 E Mission

Labor Day Campout– Sept 3rd–6th at Lake Roosevelt
 \$10 per person

Volleyball– Free!!– Every Sunday at 12:00 noon
 1208 E Mission Ave.

What is the Narcotics Anonymous Program?

N.A. is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to N.A.. We are not affiliated with any other organization, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at anytime. Anyone may join us regardless of age, race, sexual identity, religion or lack of religion. We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

THE TWELVE STEPS OF NARCOTICS ANONYMOUS

1. We admitted we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked him to remove our shortcomings.
8. We made a list of persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscience contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

WHO IS AN ADDICT?

Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another– the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same... jails institutions, and death.